

Karen Perks

Warrior Goddess

KEYNOTE SPEAKER · ENTREPRENEUR · AUTHOR · ADVOCATE

Bookings

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BY MEEKA GROUP



THE PROOF

40+ yrs On stages and hosting the room

7 Industries built and transformed

Founder Of the Meeka Group

Author Two memoirs and a novel, with more on the way

FORMATS

Keynote, 20 to 60 minutes

Half or full day workshop

Panel moderation and hosting

Virtual and hybrid delivery

Speaking fee on application.

Karen Perks did not research resilience. She lived it, through heart failure, divorce, single parenting and the fight to save her daughter's life. Her message is hard-won: *courage is not the absence of fear, it is the step you take while afraid*. She turns the moment everything falls apart into the moment everything changes, and sends every room out braver, and certain there is always another way.

SIGNATURE TALKS

What Do You Want? **KEYNOTE**

Resilience and reinvention, built on four true stories and one repeatable move: stop, assess, and go around the boulder.

Be Brave. Begin. **KEYNOTE**

Fear and courage are the same feeling. Courage is the step you take while afraid, for any beginning: a business, a fresh start, or a decision long postponed.

There Are No Limits **KEYNOTE**

AI, technology and the new world of business. Why every organisation must now think like a technology business, without losing its people.

Find the Gap **WORKSHOP**

Half or full day. Your team runs its own challenge through the method and leaves with a decision, not just notes.

WHAT YOUR AUDIENCE LEAVES WITH

- A repeatable way to decide when a verdict lands
- The Meeka Moment method, step by step
- How to find the gap and close it, in work and life
- Permission and a plan to reinvent

"Fear and courage are the same feeling. One has started moving."

KAREN PERKS · BE BRAVE. BEGIN.

Book Karen for your next stage. *There is always another way.*

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